Dear Parents

Well, another term is at an end. As always, the boys have had many opportunities to involve themselves in activities than can assist them in their development. Hopefully, they have made the most of these activities.

The third term reports will be posted during the holidays. I would ask all parents to make some time available to sit with their sons to discuss their reports and ascertain how the feedback contained in the reports may be best used to improve performance.

Holidays are important times of rest and reflection for the boys. I hope they have the opportunity for both as well as some suitable activities to use up their energy. Term Four will again be a very busy time. It is important that the boys finish off well by putting their best effort into their work. I wish you all well for a peaceful and restful holiday.

Pace e bene
Robert Out
DATES TO REMEMBER

12-16 September
- Yr 11 Beirne & Mitchell Camps

16 September
- Student Free Day
- End of Term 3

3 October
- School resumes

3-7 October
- Franciscan Week

4 October
- Feast of St Francis

6 October
- Yr 6 Pet Day

7 October
- Yr 8-12 House Celebration Day
- Yr 9-12 Franciscan Week Dance

9-11 October
- Senior Leaders (2012) Camp

10-12 October
- Red Cross Blood Bank

11 October
- P&F Meeting 7.30pm

12 October
- Yr 5-7 Co-curricular photos

13 October
- FCIP School Concert series

14 October
- P&F Thank You to Volunteers evening

17 October
- QSA Student Free Day

20 October
- Yr 11 Social

21 October
- Yr 8-12 Co-Curricular Photographs
- FCIP Senior Showcase Performance

22 October
- Yr 5 2012 Test & Parent Morning 9.30am

Please pray for

For those who have died

For those who are ill
Professor Paula Barrett to talk at Mt A!
Enhancing Adolescent Resilience and Family Connectedness

**Date:** 11th October 2011  
**Time:** 6:00-7:30 pm  
**Venue:** San Damiano Centre  
Mt Alvernia College  
82 Cremorne Road  
Kedron, QLD, 4031  
**Cost:** No cost

There is a high prevalence of anxiety disorders in childhood and youth and anxiety in childhood is a common risk factor for depression in adolescence and early adulthood. Current research suggests that we can prevent the onset of anxiety and depressive disorders by increasing emotional resilience and promoting coping skills in children, adolescents and families.

We are extremely honoured that Dr Paula Barrett has agreed to talk to the parents of Mt A and Padua on the topic of enhancing adolescent resilience and family connectedness. Paula is internationally recognised as a prominent scholar and groundbreaking researcher in the field of child psychology and has a distinguished international reputation as a keynote presenter. Paula has authored and evaluated over 15 years the well-known FRIENDS for Life program recognised by the World Health Organization for the prevention and treatment of childhood and adolescent anxiety and depression. In 2007 Paula’s Fun Friends program was officially launched by the Queensland Premier, the Honourable Bligh, MP, to aid in the prevention of anxiety and depression in 4 to 6-year olds. Paula has recently published FOCUS, a recognised treatment for OCD that has been proven effective.
Approaching Holidays
With the holidays fast approaching I would like to remind all families of the change of uniform for Term 4. All students will revert to the summer uniform which includes the College short sleeve shirt and College shorts. Students will also be expected to again wear the College socks pulled up to just below their knees.

Upon their return, students will also be expected to meet the hair and grooming expectations of the College. Students who do not meet these expectations may be sent home and asked to refrain from attending school until these expectations are met.

Resilience Seminar
A large part of Pastoral Care at Padua focuses on the education and understanding of what bullying is, how we can deter it and the best way to respond to it. Often in this process students can lose sight of the very important attribute of resilience. Teaching your son resilience helps them deal with the everyday challenges of stress and anxiety as well as potential bullying situations.

Included in the Bulletin is an advertisement for a forthcoming seminar by Professor Paula Barrett on the topic of the importance of and how to build resilience in your child. This is a free seminar to be held at MT A and one that I would encourage all families to consider.

Raising Boys Tip –
Watch this space over the next few bulletins for some healthy tips on raising young men!!

Thinking With Options
Thinking with options is a sign of strong leadership. Encourage your son to always ask the question ‘What if?’ ‘What if I tried it this way?’ ‘What if I could do something alternatively?’ Ask your son, ‘How could you reach it, solve it or obtain it?’ and help him become a what if thinker!

Student Of The Week:
More announced after the holidays!

Ben Lowrie
Vice Rector Pastoral Care
Year 8 Dancing
Parents of Year 8 boys would be well aware that dance lessons have been happening this term with the Mt A. students. The instructors are from the Dance Fever company and from all accounts it has been a success and the boys have learnt a lot from their experiences (even about dancing). The dance on 15 September at La Cordelle starts at 7.30pm and finishes at 9.45pm. Parents are most welcome to come and watch the students in the last 20 minutes.

Year 9 and 10 Cross Campus Visits
The Year 9 and 10s of Padua have hosted a cross campus afternoon this term with the students of Mt A. It included a shared lunch and an afternoon of activities. I am sure that they all enjoyed the experience of developing relationships with the students of Mt A. Thanks to the teachers for their help.
Paul Garufi
Beirne House Guardian
From the Pastoral Care Team

Congratulations Mitchell House!

2011 Edward Nally Cup Final

<table>
<thead>
<tr>
<th>House</th>
<th>Swimming Carnival</th>
<th>Cross Country Carnival</th>
<th>Padua Dash</th>
<th>Athletics Carnival</th>
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<tr>
<td>Carnivals</td>
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Positive Academic
- Academic Excellence (2pts/person)
- Father Leo Michael Grigg Writing Competition
- Maths Challenge
- Readers Cup
- AFL
- Athletics
- Basketball
- Chess
- Cricket
- Cross Country
- Football
- Rugby Union
- Swimming
- Tennis
- Volleyball
- Water Polo

Community Service - Appeals
- 1st = 40pts, 2nd = 30 points, 3rd = 20 points, 4th = 10 points

Cultural
- Orchestra
- Choir
- Music (x2)
- Big Band
- FCIP
- Intermediate Concert Band
- Intermediate Strings Orchestra
- Jazz Ensemble
- Liturgy Choir
- Liturgy Music Group
- Percussion Ensemble
- Rock Band
- Senior Concert Band
- Senior Strings
- Vocal Ensemble
- Wind Ensemble

Spiritual
- Liturgical/Eucharistic

Totals:

Final Placings
- Final
- 4
- 3
- 1
- 2
Can You:
  • Sing
  • Dance
  • Play an Instrument
  • Do Magic Tricks
  • Tell Jokes
...Or something else?

Then We Want You!

Why Compete?
  • Unearth some hidden talent
  • Make assembly more entertaining
  • Win great prizes!!
  • So grab a nomination form today!!
From the Primary

CIC ATHLETICS CHAMPIONSHIPS

After being in 2nd place after Day 1 the Padua team managed to hold on to 4th position at the CIC Athletics Championships last week.

Competition was tight in many of the Age Groups. The U13s were in fact leading up until the very last relay event. Their 4th place and BGS’s 1st and BBC’s 3rd was enough to see them slip to 3rd place overall. A tremendous result nevertheless.

Congratulations to the U12s for their 2nd place. Pictured to the right are the 800m runners, Michael McGrath, Ethan Thompson, Alex Lloyd and Louis De Pasquale.

The most outstanding individual performances were those of Kai McGuane who extended the Padua U10 2kg Shot Put record with an effort of 9.09m and Lachlan Caldwell who cleared the bar at 1.67m setting a new U13 CIC High Jump record. The old CIC record of 1.58m was set 14 years ago in 1997. The Padua U13 record of 1.76m still stands.

7C BASKETBALL UNDEFEATED SEASON

With a solid win over Nudgee College last Friday the 7Cs completed their undefeated 2011 season.

With 8 of the boys being new to representing Padua in basketball it is a tremendous effort.

Congratulations to Miss Mahoney and the team on their season.

YEAR 7 BASKETBALL

The 7Bs finished their season with a win over Iona capping off a tremendous season for them also. With only 1 loss the boys and Mr Webb can be very proud.

The 7As also had a win against Iona in what was by all reports a slightly controversial and physical match. It is always important to play sport in the correct spirit, always go with the referees decision and most importantly enjoy the contest.

David Wren
Head of Junior Sport
## Term dates 2012

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<tr>
<th>Term</th>
<th>Start</th>
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<tr>
<td><strong>Term One</strong></td>
<td><strong>Yr 5 &amp; 8</strong></td>
<td>30 March 2012</td>
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<td>23 January 2012</td>
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<td>All students resume</td>
<td>24 January 2012</td>
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<tr>
<td><strong>Term Two</strong></td>
<td>16 April 2012</td>
<td>22 June 2012</td>
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<td><strong>Term Three</strong></td>
<td>9 July 2012</td>
<td>Ekka Break 15-17 August 21 September 2012</td>
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<tr>
<td><strong>Term Four</strong></td>
<td>8 October 2012</td>
<td>30 November 2012</td>
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Padua College now has its own official Facebook page. Show your support for the College by following the link below:


Make sure you like our page.
INVITATION

PADUA
VOLUNTEERS
DINNER 2011

DATE CLAIMER
14 October
From the Student Counsellor

Your Parentingideas magazine is ready for you to collect!

The second edition of Parentingideas Magazine with great tips and advice to help you raise wonderful kids and enjoy the journey is ready for you to collect.

Parentingideas Magazine is a quality quarterly online parenting magazine featuring some of Australia’s best parenting writers, covering the topics you want to know about. And it’s published by Michael Grose.

Here’s a little of what you’ll read in this issue:

• The amazing Dr. Jason Fox writes about motivating kids to learn through gaming
• Channel 9’s Morning Show regular Dannii Miller has a great piece on overcoming self-consciousness in girls (it’s great for boys too!)
• Fay Angelo writes about helping girls (and you) prepare for their first period.
• Fivehive’s Yvonne Adele has some getting to bed tips with a difference
• Ninja Dad Malcolm Nix has a cool column for dads! It’s a great read and it’s fun too!

There’s heaps more......................

Best of all it’s FREE!

CLICK ON THIS LINK TO GET YOUR FREE COPY Parentingideas.com.au/parents

Sally Dwyer

Student Counsellor

POKER NIGHT FUNDRAISER

Last Friday saw the first ever Texas Hold-Em Poker Fundraiser night. The night was a great success and much fun was had by all. The staff running the night would like to thank those who supported the night, money raised will go along way for the young men travelling to Malaysia next year. We are investigating running another night of the same kind earlier next year so keep an eye out for advertising of this night.

Also for those who attended there was a very expensive hearing aid lost on the night, if any one has any information regarding this please contact the office. Thanks once again.

Dan Cull

Grigg House Guardian
From the Old Boy’s Association

PADUA COLLEGE OLD BOYS’ INVITATION

Old Boys’ Weekend at Amaroo
7th to 9th October 2011

INVITATION/REMINDER

The weekend of Friday 7th October to Sunday 9th October 2011 is the Old Boys’ Weekend at Amaroo, Pomona. (If anyone is interested in establishing an advance set up party on Thursday, separate arrangements need to be made directly with the School.)

Theme: Casual - basically a time to relax, catch up and enjoy yourself.

Format: You are welcome to come for part or the whole of the weekend. Property gates will generally be unlocked all weekend (unless everyone goes for a swim or drive). Day visitors are welcome. Buildings will be open from about 3:00pm Friday. Main gathering will be a Saturday night barbecue (communal meal). Optional - Sunday Mass (after breakfast).

In Attendance: Fr Barry Kirby.

What to Bring: BYO food, drinks and nibbles.
- Bottle of Red for sharing on Saturday night around fireplace.
- Pillow and bed linen or sleeping bag.

About Amaroo: The Padua Outdoor Education Centre is a fully equipped retreat centre complete with bunk houses, separate staff huts, toilet blocks and commercial kitchen, capable of sleeping up to 60 with camping facilities able to accommodate more.
- Shops are available approximately 8 kilometres away for daily fresh bread, paper etc.
The Centre has hinterland mountain views & overlooks Lake Cootharaba.

Activities: To be agreed. Past activities have included famous 500 cards competition, Fishing, Countor lunch at Historical Hotel, Rain forest walk, 4wheel drive to Double Island Point, Tewantin River Boat hire, Kin Kin visit, etc.

Cost: A small donation of $25 per person will assist in defraying expenses.

If you would like to attend, please contact Barry Keegan at Padua College on (07) 3857 9904 or email bkeegan@padua.qld.edu.au no later than Friday 30 September 2011.

Again this year, you are encouraged to carpool (leaving after Mass and clean up at approximately 10:30am).

See you there!

Please use the response form below. Tick as appropriate.

Name: ____________________________  Contact: ____________________________

☐ I am coming on Friday evening (approximate Est. Time of Arrival ________________)
☐ I will arrive Saturday
☐ I will be at the main meal on Saturday evening
☐ I am interested in car pooling if it can be organised

Internet: http://www.paduakdboys.asn.au  Address: 80 Turner Road, Kedron QLD 4031, Australia
Phone: +61 (07) 3857 9999  Postal Address: P O Box 111, Kedron QLD 4031, Australia
Fax: +61 (07) 3857 9988
Email: info@paduakdboys.asn.au
From the Careers Counsellor

CAREER CALENDAR

<table>
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<tr>
<th>Date</th>
<th>Event Description</th>
<th>Website/Link</th>
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| 26 September – 30 September | QUT Holiday Campus Tours  
(Gardens Point, Kelvin Grove, Caboolture)  
10 am – 12 pm | www.qut.edu.au |
| 30 September  | ACU Be an Exercise Scientist for a Day                                             | www.acu.edu.au/universityexperience    |
| 30 September  | ACU Health Sciences day                                                            | www.acu.edu.au/universityexperience    |
| 30 September  | ACU Be a student nurse for the day                                                 | www.acu.edu.au/universityexperience    |
| 30 September  | QTAC Last day for on-time applications for Year 12 students                         | www.qtac.edu.au                        |
| 7 October     | ACU Buzz with Business conference for Year 11 and 12 students                      | www.acu.edu.au/universityexperience    |
| 19 December   | ACU Information Evening                                                            | www.acu.edu.au                         |
| 21 December   | QUT Real Decisions Evening                                                         | www.qut.com                            |

QTAC APPLICATIONS

The due date for on-time applications is 30 September. All Year 12 students (both OP and Non-OP) wishing to apply for entry to tertiary institutions should endeavour to have their QTAC application processed before the end of this term. Please contact Mrs Goodwin for assistance if you have not already done so.

DEFENCE FORCE RECRUITING

This month Defence Force Recruiting will be conducting a number of activities

For Year 11 students considering the 2013 Australian Defence Force Academy intake, applications are now open. Although this seems like a long time away, it is important for Year 11 students to apply early in order to give them the best opportunity to prepare for the selection process. Additionally, students who apply in Year 11 are eligible for the ADFA Education Award. The winners receive a laptop computer with no obligation to join ADFA after year 12. More information about ADFA can be found at http://www.defencejobs.gov.au/education/Adfa/. Alternatively, please contact me if you would like an information pack to be sent to your school.

For Year 12 students, the September school break might be the best opportunity to attend a Your Opportunities Unlimited (YOU) Session. A YOU Session is the first stage of the recruitment process for every ADF career. Applicants complete initial testing in order to determine which roles they may be suitable for. There is no obligation to continue the application. For more information about the recruiting process Defence Force Recruiting has developed the online Recruitment Centre https://www.defencejobs.gov.au/recruitmentCentre/default.aspx. Students wishing to book for a YOU Session should contact us on 13 19 01 or apply online at www.defencejobs.gov.au.

Jane Goodwin
Photo Gallery

Our NASA Team

Kaleidoscope Team

Primary Choir Winners!
The P&F meeting on Tuesday was lucky to have a presentation from the boys that recently travelled to America. The boys were part of the Australian team that competed in the International Space Settlement Design Competition. They placed second in this competition.

The Padua members were, Sean Titmarsh, Robert Bostock, Anthony Briggs and Patrick Kearns. They were accompanied and supported by their wonderful mentor and coach, Steven Thrum.

The passion, enthusiasm and confidence that came through in the presentation from the boys & Steven was amazing and with the program continuing I am sure there will be more good things to come in the future.

What a wonderful experience and achievement. Well done to all and many thanks for the excellent presentation.

Also discussed:
- Women of Padua College social event, High Tea & Fashion Parade, on October 8th. Tickets are on sale now and going fast, do not miss this wonderful afternoon.
- Artscape, will still be on October 23rd even though the Kedron Street festival has been cancelled. The opening night will be on October 22nd. The committee is extremely organised and busily finalising details for the event, with tickets out soon. Full details on these and all items discussed can be found in the minutes.

Future P&F date claimers:

11 October – General meeting
14 October—Volunteers Thank You Evening
8 November - AGM

Don’t miss these wonderful opportunities. Supper will be provided afterwards

John Titmarsh
President
P&F
From the Library

CBCA State Readers Cup Final & Brisbane Writers Festival

It was my privilege to attend sessions at the annual Brisbane Writers Festival with five Year 8 boys last Wednesday, partly as a reward to them for winning the Brisbane North Regional Readers Cup Competition. These students saw four authors, including US writer, Maggie Steifvater, who has written the best-selling Wolves of Mercy series, over the course of the day. They heard authors talk about their own books, about writing in general, and mixed with many students from other schools, who are also avid readers. It is a terrific opportunity for kids to be able to see themselves reflected back through other readers.

After this exciting experience, the students were then asked to help prepare the venue at SLQ for the Readers Cup Competition. We had 13 teams from all over the state descend on the cultural centre to pit their knowledge against each other. The teams were required to read 5 books, create a book trailer and submit it early, and on the night, answer questions on those books.

It was extremely tense and suspenseful. The scores remained close all night. At the end of the final round, the Padua boys were only one point behind two teams who tied for first place. A sudden death play-off resulted in the Brisbane Bayside team being announced the eventual winner, Wynnnum State School with the North Qld Team, Townsville Grammar placing second. I am very proud of Joseph Davisson, Jack Dickson, Thomas Fall, Michael Hinds and Niall Stone who worked well together to finish third. I hope they enjoyed the night and continue to read as much as they do now.

I would like to specifically thank Mrs Janet Hinds, who generously travelled with us to the State Library, spent the day with us, and then worked through the competition as a runner. It was invaluable assistance, and I would not have been able to make the day as successful for the boys as it was without her. Thank you very much Janet.

Can I take some time also, to mention overdue library books? Although my number one goal is to try to get books in the hands of your boys, my number two goal is trying to get them back. I would appreciate any help to find those books and have them back in the library, so others can read them.

Trisha Buckley

Librarian
From the Job Pledge Program

This term we have been privileged to have Rita Patel from Burma working at Padua College under the Job Pledge program. This program provides employment for refugees and migrants funded by the generosity of Padua staff.

Rita has been working in various parts of the school notably the library, science labs, tuckshop and the industrial skills area. In each area she has been learning new skills and performing numerous tasks. In addition, Rita has prepared a power point presentation which reflects on her life’s journey. This journey includes fleeing the brutal regime in Burma, escaping to Malaysia and finally travelling by boat to Australia.

Rita has been sharing her story with classes in the secondary, primary and at Mt Alvernia. This is a unique opportunity for students to hear first hand about the challenges faced by many people throughout the world. It has been an absolute delight to have Rita at the College – she has a warm, friendly and joyful nature. We thank Rita for her openness, her courage and her generosity, and wish her every joy and happiness on the journey ahead.

Mark Taylor
First, I would like to say thanks to Mr Robert Out (Rector) and Mr Mark Taylor (Job Pledge Program), Mr Brian Harvey (Northside Skills Training Project) and Ms Nicole Roderick (Multicultural Development Association). I got this job from Ms Nicole and because of her I got to meet very nice and kind teachers and students. Mr Mark Taylor is very gentle, great and full of kindness for me.

I enjoyed every day in school. I worked with Robyn, Sue and Maria in Tuck Shop. Robyn taught me how to prepare the food, fruit salad and packing. They were always good to me, easy to work with and always smiling. Sue was always looking after me. I worked in the Industries Skills centre with Mr Stephen Thrum. He was so good to work with, a great teacher, always happy and loved to teach me Aussie slang. In the Science Laboratory where I worked with Miss Wendy Pilbeam and Miss Christine Marsh, we had such a great time that we would find ourselves singing together. I miss my work mates in the Library, Miss Patricia Buckley, Miss Sandra Healy and Miss Debbie Martin.

I am so grateful to have had the opportunity to experience life as a teacher’s aide. My first day so both exciting and worrying, but all my colleagues were more than happy to answer any question with a smile. Giving talks in class, sharing aspects of my life in another country and now here, did not come easy. The students accepted me with such interest that it enabled me to easily open my heart to all. I now feel enriched with all the love and caring I was given.

I want to say thanks many times for all the help that everyone has given me. I wish I did not have to finish my work with the College but I have no choice. What I do have to take with me will last a life time. All the memories and so many new skills I learned. This will take a life time to forget, maybe. I think I’ll never forget all the students with their good manners and respect they showed me.

I especially want to thank Mr Mark Taylor for introducing me to working in the College and Meriet for all her loving care and support. Once again thanks to everyone, I’m going to miss you all.

Best wishes
Rita Patel
September 2011
Is your son leaving Padua at the end of 2011? (excluding current Year 12 students)

To enable us to plan for College numbers in 2012, please remember that we require a term’s notice (in writing) for you to withdraw your son from Padua, otherwise a term’s school fees will be charged.

Thanks!

Have a happy September break, and thank them for your continued support....

Robyn Layton
The Padua Uniform shop will be open on Saturday 22 October 9am-12 noon

Contact Us

Email: admin@padua.qld.edu.au
Website: www.padua.qld.edu.au

80 Turner Road, Kedron,
QLD 4031
Ph (07) 3857 9999
Fax (07) 3857 9988
Absentee/Sportsline (07) 3857 9900
On Sat the 10th and 11th September, Padua played host to the Q12 Rugby Muster. Seven regional teams from around the State played in a round robin format carnival. The skill levels of these teams were outstanding and every game was played in terrific spirit.

Met East defeated Met North Green 21-19 in a cracking final. The following Yr 7 Padua boys were selected in the Met North Green team: Jed Chapman, Michael Wood, Luke Peters, Nick Dickson and Michael McGrath. Mr Sean Graham was the coach. Congratulations to Michael Wood who was selected in the team of the carnival.

The carnival was a roaring success and thanks must go to the following people:
Bill Downey who prepared outstanding fields
The many Padua staff that helped at the carnival in various capacities
The Rugby Tour 2012 parents and students
QRU
Mark Tibbles from Met North Sport
Greg and Robyn Layton
Cassie Brown from twelve9teen physiotherapy
Sportography
E Laundry
Referees – Corbin Hoppe, Connor Brown, Zach Brankovich, Mitchell Stewart
Thanks to you all for a great carnival.

Scott Maguire

PS The Hockey boys unfortunately lost yesterday 3-2 to SEC.. Well done on a great season!
OPENING NIGHT - 22 October
Tickets $35 • Available from Padua College • Ph: 3857 9999 or 3857 9933
(secondary) (primary)
Doors open 8:30pm for 7pm start
What’s Included:
Canapés, complimentary drink, lucky door prize.
What’s happening:
Two bands from FCI, roving performers, ticket auction,
50 artists’ work on display, announcement of Gala Art Prize winner.
Join us for High Tea at La Cordelle

Fashion Parade

Saturday 8th October 2011 2:00pm

High Tea and Fashion Parade commence at 3:00pm

La Cordelle, Padua College, Turner Rd, Kedron

$50 per head

Glass of Champagne and Canapes on Arrival

Auctions and Raffles

Additional Wine and Champagne available for purchase

La Forresta Canapes

Blinis with smoked salmon, capers and dill

Freshly made olive tapenade on crostini

Fresh asparagus wrapped in prosciutto and baked until crisp

High Tea

Chicken and tarragon finger sandwiches

Egg and lettuce finger sandwiches

Mini basil feta and roma tomato quiches

White lamingtons

Pink cupcakes and coffee cupcakes

Lemon tarts

Choc dipped strawberries

Tickets Available Padua Office Sharyn Biddle 38579907
Padua College
Foundation Race Day

Derby Day
Saturday 29 October 2011
Doomben Race Course

Tickets are only $70
(sold out quickly last year)
This includes entry into the track
and Function Room (Home Turn Plus
straight!!) plus... etc.

Tickets are selling fast!!
Less than 100 remain.
There is still the naming rights for one
race available. Contact Matt Hardy for
further details.

Buying Sharyn Biddle on 3857 9907 for tickets
and avoid disappointment.
Padua Mothers
“Malaysian Escape Weekend”
Amaroo (Padua’s Outdoor Education Centre) at Pomona

Saturday 12th November 2011

This weekend promises you a weekend of no cooking, no cleaning, no husband and no kids – just laughter, fun and relaxation allowed.

Start your Saturday at the Eumundi markets and buy Christmas presents for the loved ones that you’ve left behind. Join us at 3.00pm for Afternoon Tea followed later by Champagne and Nibbles at 6.30pm to prepare ourselves for a “Malaysian Buffet Feast”.

This is a fundraising venture for the 2012 Football tour to Malaysia – raffles will also be held on the night.

Start your Sunday with a tour of the grounds and a lovely cooked breakfast.

Cost for the weekend is $110.00 which also covers the cost of cleaning Amaroo. Full payment must be received by Padua Office to reserve your place. There is a maximum of 40 for the weekend so be quick. For further information please contact Robyn Wiseman on 0448 572129 or wisr0001@tpg.com.au

Name: ____________________________  Sons PC Class: ____________________________
Contact Details: ____________________________

Dietary or other special requirements: ____________________________
SCHOOL HOLIDAY ACTIVITY
FOR THE WHOLE FAMILY
24 September
Mount Alvernia College
Free Active Communities Day to Kick-Start Healthy Living

If the thought of going to a gym and being on a ‘diet’ to kick-start your health regime terrifies you, you’re not alone. No matter your age, shape or fitness level, come along to the free OPA (Obesity Prevention Australia) Active Communities Day this school holidays on Saturday 24 September to learn about happy and healthy lifestyle options for you and your family in a fun, social and safe environment.

Who is invited?
Students and their families from Mt Alvernia, Padua College and St Anthony’s Primary School

Where to go?
The Somerset Road entrance to Mt Alvernia - (San Damiano)

What time?
10.00 am to 1.00 pm

What to do before the event?
Register by return email to Student Services at Mt Alvernia lucia@mts.qld.edu.au indicating your name and the number of people who will be attending.

You will participate in fun, active games that won’t leave you feeling like you’re exercising at all. You’ll also hear about why decisions made about what you eat can have a positive impact on your health and still be tasty!

You might even meet some new friends and create your own exercise group in your local community.

Who is running the event?
Maggie-Laurie and her team at Sheer Transformations personal training studio in Coorparoo are passionate about helping people to live their lives to the fullest by teaching them the tools to enable them to live healthy and active lifestyle choices.

Maggie has partnered with Obesity Prevention Australia and has involved other personal trainers, fitness centres and sporting organisations to help run the OPA Active Communities Day in various areas across Brisbane and Queensland.

The events also aim to raise $25,000 for Obesity Prevention Australia’s cause to assist them in raising awareness and education of how to live a healthier, happier more active lifestyle through corporate sponsorship and donations.

“If we can raise awareness of the benefits of living a more active life and making better eating choices in a way that’s fun and easy for people, then we can have a dramatically positive affect on people’s lives in the future,” Maggie-Laurie says.

Based on the success of this year’s event, Maggie-Laurie and Obesity Prevention Australia plan to make this a regular event every school holidays and have plans to expand nationally.

So bring your friends and family along and enjoy the free opportunity to meet new people, have fun and learn some new healthy lifestyle tips which you can easily adapt into your current lifestyle.

For further information:
Maggie-Laurie Watts
Sheer Transformations - 0415 371 587 - maggie-laurie@sheertransformations.com.au
Parking within Mount Alvernia College

Mount Alvernia College has a duty of care for not only its students and staff but also the staff and students from St Anthony Primary School and Padua Colleges who frequent the area for cross campus purposes.

Mount Alvernia College has recently been made aware that the College staff car park located at the San Damiano Centre (Somerset Road) is being used as a drop off and pick up point by parents and/or visitors to one of the three Colleges. This is not permitted.

We endeavour to provide a safe environment for all students and staff within Mount Alvernia College; therefore we cannot ignore our legal responsibilities to all members of the community by placing them in potential danger from having unnecessary vehicle movement within the College grounds.

As a College we have the legal right to request that any vehicle be removed from the College grounds if it has not been authorised for entry or parking within the property of Mount Alvernia College.

Please support us by sharing our duty of care and keeping the members of our community safe.

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Program

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 - 9:30am</td>
<td>Registration</td>
</tr>
<tr>
<td>9:30 – 11:00am</td>
<td>Marni Address – Peter Jameski helping the boys of today become the men of tomorrow</td>
</tr>
<tr>
<td>11:00 – 12:00pm</td>
<td>Morning tea provided</td>
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<tr>
<td>12:00 – 1:30pm</td>
<td>1) Workshop – Matt Braddy</td>
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<td></td>
<td>2) Workshop – Tim Kelly</td>
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<tr>
<td></td>
<td>3) Workshop – Gerhard Oberholzer</td>
</tr>
<tr>
<td>1:30 – 1:45pm</td>
<td>Lunch - not provided (own provision)</td>
</tr>
<tr>
<td>1:45 – 2:15pm</td>
<td>1) Workshop – Matt Braddy</td>
</tr>
<tr>
<td></td>
<td>2) Workshop – Tim Kelly</td>
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<tr>
<td></td>
<td>3) Workshop – Johann Debeer</td>
</tr>
<tr>
<td>2:15 – 2:50pm</td>
<td>1) Workshop – Gerhard Oberholzer</td>
</tr>
<tr>
<td></td>
<td>2) Workshop – Johann Debeer</td>
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<tr>
<td></td>
<td>3) Workshop – Kirsty Andersen &amp; John Bower</td>
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</tbody>
</table>

General Information

Date: Saturday, 22 October 2011
9:00am – 3:30pm

Cost:
Register and pay before September 30 to receive a $10 discount
Full registration price – $60
Concession (Vic students) – $50

Please arrive on time the day of the conference will be seated by the full registration price (If late arrivals will be charged accordingly)

Location:
Block A
Christian Heritage College
South entrance: 222 Vacher Rd, Mansfield
North entrance: Cnr Smith Rd & Corra St, Camdenton
Admission to the upper car park, opposite Chaplain EDC auditorium

Queries:
Recreation Counseling
0408 712 467
workingwithboys@live.com.au

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Working with Boys, Raising Sons

A conference for parents, youth workers, counsellors, teachers and pastors who want to see the boys of today become the men of tomorrow

Saturday, 22 October 2011

Guest Speaker: Peter Jameski
Christian Heritage College (A Block)
Mansfield
Dear Robert

Re: Consultation Session on new Practical Driving Test.

The Queensland Government is currently reviewing the practical driving test known as QSafe. The test is designed to evaluate a person’s ability to drive safely and correctly in different situations.

The review will examine whether we can strengthen driver testing for current and future generations of Queensland drivers. The Government has a strong commitment to road safety, ensuring that new drivers are safe and competent before taking to the roads unsupervised.

The review is examining the following issues:

- the development of best practice practical driving test;
- a suitable ‘cooling off’ or waiting period following a failed driving test;


In July 2007 the Government introduced the Graduated Licensing System (GLS) to reduce fatalities on our roads, particularly among young motorists. A significant element of these reforms is that learner drivers under 25 years of age must gain 100 hours of certified supervised driving experience recorded in a learner logbook before being eligible to apply for a provisional licence. While the GLS is not part of this review, this discussion paper builds on these previous reforms.

A number of community consultation sessions are scheduled across the state, with one planned for our area on Wednesday 5 October. The consultation details are:

**Date:** Wednesday 5 October

**Time:** 3:15pm for 3:30pm

**Venue:** Mt Maria College, Auditorium, Mitchelton Campus, 67–69 Osborne Road

Road safety is an important issue for all Queenslanders including students and parents at Padua College. It would be great if some Grade 11 or 12 students from your school, and also any interested parents, could attend. I understand we are very close to School holidays, but I would be most appreciative if you could encourage your senior students to attend this community consultation.

Yours sincerely

Stirling Hinchliffe MP

Member for Stafford
Safe Schoolies 2011

Do you have a student who wants to go to schoolies in 2011 or 2012?

If so come along to a free seminar being held by Police from North Brisbane District about helping your school leavers to experience a Safe Schoolies.

There will be guest speakers on hand to provide a variety of information including, Laws and Consequences, Rights and Responsibilities, common problems faced by students at Schoolies, Strategies to Celebrate Safely and to answer any other questions you may have.

Wednesday 5th October 2011
6.45pm for a 7.00pm start
Kedron Wavell RSL, Hamilton Rd Chermside.
Cost: FREE
Light refreshments will be provided at 6.45pm.

Due to limited spots and catering, BOOKINGS are ESSENTIAL.

To Book or for further information please call 3364 3313.

This event is being run by North Brisbane District Police Crime Prevention Unit.
Melbourne Street Choir Inc. and St Laurence’s College presents

JONATHON WELCH AM

and the original members of the ARIA, LOGIE and HELPMAN Award winning

CHOIR of HARD KNOCKS

now known as the

Choir of Hope & Inspiration

Wed 12th Oct 2011 @ 2:00pm & 7:30pm

St Laurence’s College, ERPAC
82 Stephen’s Road, South Brisbane

Tickets $35 Adult $25 Child/Concession

www.qtix.com.au 136 246

Book Now to see the Choir that inspired the Nation!
Does your child suffer asthma or eczema?

Every day, thousands of Australian children suffer the effects of asthma and eczema and families struggle with illness management and children’s behavioural and emotional adjustment.

Positive Parenting for Healthy Living is an adaptation of the successful Triple P- Positive Parenting Program offering practical ideas and support for parents of children suffering asthma or eczema. This innovative group program is designed to help parents manage their child’s illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour.

Over the next few months and for a limited time only, parents of 3-10 year old children suffering asthma or eczema are able to access Positive Parenting for Healthy Living Triple P as part of a University of Queensland research project. Parents will be able to attend the program free of charge, and will be asked to complete 3 sets of assessment measures (questionnaire, symptom diary, and family observation) over a 6 month period, as part of the study. Contact Leanne Winter on (07) 3365 7305 or email healthyliving@uq.edu.au, or visit www.exp.psy.uq.edu.au/healthyliving for more information.

Bounce into Basketball for Term 4

Interested in playing basketball? North Brisbane Basketball Assn (Dragons) fields male and female teams in competitions from Under 8 through to Under 18. Become a Dragon and join our teams for the Summer Season commencing October 7/8.

For further information, email nbba@northbrisbanebasketball.com.au or visit our website www.northbrisbanebasketball.com.au.
“Northern Galaxy Basketball Club”

Training locally at Kedron and Wavell State High Schools, and playing at Brisbane Basketball (Auchenflower), we cater to all age groups but are currently seeking male and female players in the U10, U12, U14 and U16 age groups.

If you would like to learn and play basketball in a fun, family environment visit our website www.northerngalaxy.basketball.net.au, or contact the Club Committee member, Ann-Maree Bennett (a parent at St Anthony’s) managersordinator@northerngalaxy.net (0407-788-568)

If you would like to trial the game, try our short Summer season which begins after the Sept/Oct school holidays.

Availability of new Triple P program for families concerned about bullying.

When children are bullied by their peers, parents desperately want to be able to help but are often unsure of what to do. Resilience Triple P is designed to help families support their children when they are experiencing problems with peers. The program teaches children how to handle difficult situations with peers and gives parents strategies to improve child resilience and to communicate effectively with the child’s school to resolve problems. This new program is being trialled by the Parenting and Family Support Centre (University of Queensland). Families interested in participating in the program are, for a limited time, offered free program participation in exchange for participation in the associated research. If you have a child aged between 7 and 11 years who you believe may be experiencing bullying from peers and you would like to find out more, please call Karyn Healy on 3346 7814 or email k.healy@psy.uq.edu.au or visit our website at http://exp.psy.uq.edu.au/resilience triplep