AIC CROSS COUNTRY BY LAWS 2015

Clause 1: DIVISIONS

Events will be run in the following divisions:

Open
16 Years
15 Years
14 Years
13 Years
12 Years
Year 6
Year 5

Clause 2: AGGREGATE TROPHIES

The following trophies and presentations will be made at the Championships:

Year 5  Champion Cross Country School
Year 6  Champion Cross Country School
12 Years  Champion Cross Country School
13 Years  Champion Cross Country School
14 Years  Champion Cross Country School
15 Years  Champion Cross Country School
16 Years  Champion Cross Country School
Open  Champion Cross Country School

The first three placegetters will be presented with a pennant

AIC Aggregate Trophy – Champion School Years 5-6
AIC Aggregate Trophy – Champion School 12 Years - Open

Clause 3: PLACES AND POINTS

a) Points awarded shall be the competitor’s actual placing in the event, with only the first six (6) finishers from each College counting towards their total. The College with the lowest amount of points is the winner of the age group or year level.

b) At the completion of each individual age group or year level race, colleges will be ranked from first to eighth. The following points shall be awarded for the calculation of the aggregate:

1st  9 points
2nd  7 points
3rd  6 points
4th  5 points
5th  4 points
6th  3 points
7th  2 points
8th  1 point

c) In the event of a tie in an individual age group or year level, points shall be shared as per the allocation for all other AIC team sports. The Aggregate Shield shall be determined by adding the points from each age group and year level allocation.

d) In each race only the first six (6) competitors to finish from each College shall count towards age group/year level and aggregate points. The remaining runners will be placed in their finish position but not count towards their school total.

AIC Cross Country By Laws 2015
Clause 4: **COMPETITOR RESTRICTIONS**

a) A competitor may compete in only one age group or year level on the day of the Championships

b) A maximum of twelve (12) nominated competitors from each school per event may compete on the day

Clause 5: **FORMAT OF EVENTS**

The age group and year level events shall be conducted at the following times and order:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 5</td>
<td>2km</td>
<td>9.00am</td>
</tr>
<tr>
<td>Year 6</td>
<td>3km</td>
<td>9.15am</td>
</tr>
<tr>
<td>12 Years</td>
<td>3km</td>
<td>9.35am</td>
</tr>
<tr>
<td>13 Years</td>
<td>3km</td>
<td>9.55am</td>
</tr>
<tr>
<td>14 Years</td>
<td>4km</td>
<td>10.15am</td>
</tr>
<tr>
<td>15 Years</td>
<td>4km</td>
<td>10.35am</td>
</tr>
<tr>
<td>16 Years</td>
<td>6km</td>
<td>11.00am</td>
</tr>
<tr>
<td>Open</td>
<td>6km</td>
<td>11.30am</td>
</tr>
</tbody>
</table>

Presentations 12.15pm

Clause 6: **DRAW FOR START POSITIONS**

A random draw for start positions for each race per school will be done prior to the Championships.

Clause 7: **OFFICIALS**

a) An accredited official shall be in attendance at the Championships

b) Each College will provide officials as designated by the host school.

Clause 8: **RECORDS**

No records shall be recorded at the AIC Championships.

Clause 9: **COURSE**

a) The Championships shall be conducted on an approved course each year

b) The course shall be marked with red, white and yellow markers. The red markers will be posted on the left side of the said course; the white markers on the right and the yellow markers posted to indicate a turn on course.

c) A designated drinks station will be provided on the course, in a position as to not impede runners (as set up by the host colleges).

Clause 10: **COURSE ACCREDITATION**

The following aspects shall be considered by the Heads of Sport when a course is appointed for the Championships:

a) Topography

b) Venue

c) Competitor safety

AIC Cross Country By Laws 2015
d) Spectator viewing and safety
e) Other guidelines and requirements as deemed necessary by the Heads of Sport

Clause 11: LEAD UP CARNIVALS

a) The allocation of host college duties will be rostered as per the AIC General By Laws. The host college for that competition year must host a lead up carnival at the venue where the Championships are held.

b) The host college for each lead up carnival is to provide the following: starter, announcer, marshal and to distribute the course map and venue information in the week prior to the meet.

c) The schools competing are to provide their own recording staff and refreshments.

Clause 12: HOST COLLEGES

a) In consultation with the Executive Officer, the host colleges will distribute any venue information required, the course map and notify schools what officials need to be provided for the Championships.

b) The host colleges shall convene a meeting for the officials at least 30 minutes prior to the first event to assign on course points.

c) The host colleges shall ensure that the course is marked correctly in time for the first event.

d) The host colleges shall provide a starter and an announcer.

e) The host colleges shall provide staff and transport when required to review the course and attend to any incidents on course whilst events are being conducted.

f) The host colleges shall provide extra officials as deemed necessary.

Clause 13: RECORDING COLLEGE

a) The allocation of recording duties will be rotated and rostered as per the AIC General By Laws.

b) The recording college will be responsible for all of the recording of results for the Championships.

c) The Executive Officer will distribute the team nomination forms, the recording college will collate the team list nominations and receive any competitor changes at least three (3) days prior to the Championships.

d) In consultation with the Executive Officer and Heads of Sport the recording college will appoint an outside body to provide the electronic recording of the Championships results, and assist in distributing results to all schools at the conclusion of the Championships.

e) The recording college will organise and provide staff and equipment to run a manual recording system as a back-up to the electronic process.

Clause 14: MEDICAL

Qualified first aid staff shall be in attendance.

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Clause 15: PROTESTS AND DISPUTES

Protests must be lodged in writing and signed by the Head of Sport or Head of College within twenty (20) minutes of the completion of the Championships. In addition, refer to Protests and Disputes of the AIC General By Laws.