RULES PERTAINING TO ALL TEAMS

Clause 1: GRADES AND AIC AGGREGATE

(a) Grades catered for, and count towards the AIC Aggregate shall be:

1st VI, 2nd VI, 3rd VI, 11A, 10A, 10B, 9A, 9B, 8A, 8B, 7A, 7B

(b) Additional grades maybe catered for, subject to availability:

11B, 11C, 10C, 9C, 8C, 7C

Clause 2: AGGREGATE POINTS

The following teams only shall count towards the AIC Aggregate:

1st VI, 2nd VI, 3rd VI, 11A, 10A, 10B, 9A, 9B, 8A, 8B, 7A, 7B

Clause 3: COMPETITION POINTS

Win = 2
Loss = 0
The exception to this rule pertains to the First VI, refer to Rules Pertaining to First VI

Clause 4: SCORING SYSTEM

a) With the exception of the 1st VI, all games are played in a best of 3 set format

b) Games are played according to standard FIVB rules with the first two sets to 25 and the third, when required, to 15. In a third and deciding set, when a team reaches 8 points, teams are to swap ends

c) Years 7, 8 and 9 games are to be played all 3 sets. Years 10, 11 and Open DO NOT play dead sets.

Clause 5: PLAYER RESTRICTIONS

a) Players may take part in only one game on any given fixture day. The only exception to this rule is where a player from either/or the 10A, 11A or 2nd VI team is eligible to play in the 1st VI match. These players may only enter the 1st VI game after the first quarter.

Clause 6: MATCH TIMES

The following schedule shall apply where possible:

<table>
<thead>
<tr>
<th>Time</th>
<th>Court 1</th>
<th>Court 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00am</td>
<td>11B</td>
<td></td>
</tr>
<tr>
<td>9.00am</td>
<td>3rd</td>
<td>10C</td>
</tr>
<tr>
<td>10.00am</td>
<td>11A</td>
<td>10B</td>
</tr>
<tr>
<td>11.00am</td>
<td>2nd VI</td>
<td>10A</td>
</tr>
<tr>
<td>12.00pm</td>
<td></td>
<td>1st VI</td>
</tr>
</tbody>
</table>

**Schedules may vary on a weekly basis, dependent on team numbers within school**
<table>
<thead>
<tr>
<th>Time</th>
<th>Court 1</th>
<th>Court 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00am</td>
<td>8C</td>
<td>7C</td>
</tr>
<tr>
<td>9.00am</td>
<td>8B</td>
<td>7B</td>
</tr>
<tr>
<td>10.00am</td>
<td>8A</td>
<td>7A</td>
</tr>
<tr>
<td>11.00am</td>
<td>9B</td>
<td>9C</td>
</tr>
<tr>
<td>12.00pm</td>
<td></td>
<td>9A</td>
</tr>
</tbody>
</table>

**Schedules may vary on a weekly basis, dependent on team numbers within school**

Clause 7: **FORMAT OF MATCHES**

a) **WARM UP**
   Umpires will control the warm up. A total of ten (10) minutes only is permitted for warm up as set out below on the match court. At the conclusion of this ten minute period, teams will be asked to take the court in preparation for play.

   **10 Minute Warm up Protocol**

   - Ball warm up: 2 minutes
   - Coin Toss: 1 minute
   - Spiking from 4: 3 minutes
   - Spiking from 2: 3 minutes
   - Serving: 1 minute
   - Coach: 1 minute

b) **LIBERO**
   i. A Libero player is allowed in all grades and shall be determined at the beginning of each set.
   ii. A Libero player must wear a different coloured shirt to his team.

c) **SUBSTITUTIONS**
   i. Unlimited substitutions shall be permitted for all grades except the First VI and as per FIVB rules.

d) **TIME OUTS**
   ii. Two time outs per set per team are allowed. Where a third or a fifth deciding set is played, one time out per team is allowed.

Clause 8: **HEIGHT OF NETS**

The height of the nets for all levels of the competition shall comply with current FIVB rules.

- Open & Year 11: 2.43 metres
- Year 10: 2.35 metres
- Year 8 & 9: 2.24 metres
- Year 7: 2.10 metres

Clause 9: **OFFICIALS**

a) Where possible, AIC qualified referees shall be used for 1st, 2nd, 11A and 10A matches. When not available, the home team shall supply an adult referee and umpire for the 1sts and 2nds matches. Senior students who have completed a recognised referee’s course may referee and umpire Year 7, Year 8, Year 9 and Year 10 matches.
b) The home college is to provide scorekeepers for matches. The scorekeepers shall complete a scoresheet, which must be signed by the referee and both coaches/captains at the end of the match. The away team reserves the right to provide scorekeepers if so desired.

c) The home college is to provide lines people for all matches. The away team reserves the right to provide lines people if so desired.

d) The “Home” College shall provide a visible scoreboard and operator for each court.

Clause 10: BALLS

a) The host college is to provide balls for matches and warm-up for all competing teams. Visiting colleges are not to take balls to match venues.

b) For all AIC matches the MVA 200 ball must be used.

Clause 11: UNIFORM

It is compulsory for all aggregate teams to wear correctly numbered shirts.

Clause 12: MEDICAL

Adequate sports medicine staff and first aid facilities are to be available.

Clause 13: HOSPITALITY

Afternoon tea is to be provided for First players and coaches from each College after the match.
RULES PERTAINING TO FIRST VI MATCHES

Clause 1: FORMAT OF MATCHES

All matches shall be played to the best of five (5) sets.

Clause 2: COMPETITION POINTS

Winning team will receive 2 points
Each team will receive 1 point for every set won regardless of which team wins the game.

Clause 3: SCORING SYSTEM

a) The match is won by the team that wins the majority of the five sets.

b) The fifth deciding set is played under point rally. The first team to 15 with an advantage of two points (no maximum score limit) shall win the match. When a team reaches eight points, teams shall change ends.

Clause 4: SUBSTITUTIONS

Twelve (12) substitutions per set are permitted in First VI matches