

AIC TRACK AND FIELD BY LAWS 2013

Clause 1: TIMING OF CHAMPIONSHIPS

The Association shall conduct its Championships in the month of October, on a date decided by the Heads of Colleges.

Clause 2: DIVISIONS

Divisions provided for shall be:

- (a) Aggregate
- (b) Open; 16 Years and Under; 15 Years and Under; 14 Years and Under; 13 Years and Under.

Clause 3: COMPETITOR RESTRICTIONS

A competitor may compete in his own age group or **one** other higher age group, provided he remains in one age group for the entire carnival. This rule does not apply to the 3,000 metres event in which a College may enter any eligible competitor.

Competitors who compete in the Open 5 x 400m Relay are not eligible to compete in an individual 400m race.

Clause 4: OFFICIALS

The Association shall control the Championships, and the Brisbane Athletics Officials Club (affiliated with Queensland Athletics) shall be asked to provide as many officials as are deemed necessary.

Clause 5: DEAD HEATS AND RECORDS

- (a) In the event of a dead heat, competitors shall the divide the points.
- (b) If two (2) or more competitors are credited with the same performance in any event, and that performance is a record, then both or all such competitors shall be declared the record holders.

Clause 6: PLACES AND POINTS

- a) In all events except "B" division events and relays, all competitors, unless disqualified, shall be allotted points as follows:
 - a. 8 teams competing = 9, 7, 6, 5, 4, 3, 2, 1
- b) In 'B', 'C' and 'D' division events, all competitors, unless disqualified, shall be allotted **half** (a) points above.
- c) In Relay events, all teams, unless disqualified, shall be allotted **double** (a) points above.
- d) A competitor must record a distance/time/height in an event to receive points for that event.
- e) The All Age 5 x 400m event shall be allocated points as a 'stand alone' event ie the points shall be added to the overall aggregate winner of the event NOT added to an age group calculation

- f) The Open 3000m event shall be allocated points to the Open age group calculation to the winning school

Clause 7: UNIFORM

Competitors dress should be in the colours of their approved college attire.

Clause 8: LANES

A random lane draw shall be drawn for each event. This is to be conducted by the recording college in accordance to the electronic program being used to calculate the meet.

Clause 9: ORDER OF EVENTS

Preliminary Events

<i>EVENT</i>	<i>AGE GROUP</i>	<i>DIVISION</i>
Javelin	13 Years & Under	A & B
High Jump	14 Years & Under	A
Shot Put	15 Years & Under	A & B
Discus	16 Years & Under	A & B
Triple Jump	Open	A & B
Triple Jump	13 Years & Under	A & B
Discus	14 Years & Under	A & B
Javelin	15 Years & Under	A & B
Long Jump	16 Years & Under	A & B
Shot Put	Open	A & B
1500m	13 Years & Under	A & B
1500m	14 Years & Under	A & B
1500m	15 Years & Under	A & B
1500m	16 Years & Under	A & B
1500m	Open	A & B

Events Conducted on Championship Day

<i>EVENT</i>	<i>AGE GROUP</i>	<i>DIVISION</i>
Long Jump	13 Years & Under	A & B
Triple Jump	14 Years & Under	A & B
High Jump	15 Years & Under	A
Shot Put	16 Years & Under	A & B
Discus	Open	A & B
3000m	Open	
200m	13 Years & Under	A
200m	14 Years & Under	A
200m	15 Years & Under	A
200m	16 Years & Under	A
200m	Open	A
800m	13 Years & Under	A & B
800m	14 Years & Under	A & B
800m	15 Years & Under	A & B
800m	16 Years & Under	A & B
800m	Open	A & B
Shot Put	13 Years & Under	A & B
Javelin	14 Years & Under	A & B
Discus	15 Years & Under	A & B
High Jump	16 Years & Under	A
Long Jump	Open	A & B

90m Hurdles	13 Years & Under	A
100m Hurdles	14 Years & Under	A
100m Hurdles	15 Years & Under	A
110m Hurdles	16 Years & Under	A
110m Hurdles	Open	A
100m	13 Years & Under	A, B, C, D
100m	14 Years & Under	A, B, C, D
100m	15 Years & Under	A, B, C, D
100m	16 Years & Under	A, B, C, D
100m	Open	A, B, C, D
Discus	13 Years & Under	A & B
Long Jump	14 Years & Under	A & B
Triple Jump	15 Years & Under	A & B
Javelin	16 Years & Under	A & B
High Jump	Open	A
400m	13 Years & Under	A
400m	14 Years & Under	A
400m	15 Years & Under	A
400m	16 Years & Under	A
400m	Open	A
5 x 400m Relay	All Age	
High Jump	13 Years & Under	A
Shot Put	14 Years & Under	A & B
Long Jump	15 Years & Under	A & B
Triple Jump	16 Years & Under	A & B
Javelin	Open	A & B
4 x 100m Relay	13 Years & Under	A
4 x 100m Relay	14 Years & Under	A
4 x 100m Relay	15 Years & Under	A
4 x 100m Relay	16 Years & Under	A
4 x 100m Relay	Open	A

PRESENTATION OF TROPHIES AND PENNANTS

Clause 10: PARTICIPATION

(a) The format of running events shall be as follows:

One round of 'B' competitors shall compete immediately followed by the first round of 'A' competitors. Then the second round of 'B' competitors shall compete followed by the second of 'A' competitors and so on

(b) Where a competitor is involved in a field event and a track event at the same time, the track event takes precedence over the field event. The competitor must notify the relevant official in charge of that field event. If a High Jumper is involved in a track event at the same time as his High Jump he competes in his track event then returns to the High Jump competition at the current height being competed at.

Clause 11: BARRACKING

The use of mechanical instruments, and non-electric megaphones, is prohibited.

Clause 12: HORIZONTAL JUMPS AND THROWS

All competitors in the long jump, triple jump, shot put, discus and javelin shall be allowed three attempts with the winner being allowed one additional attempt.

Clause 13: SHOT PUT

Shots for Shot Put events shall be of brass and steel. Shots shall be supplied by the college running the event or the Brisbane Athletics Officials Club provided they meet the recommended standard in weight.

Open	5 kg
16 Years and Under	5 kg
15 Years and Under	4 kg
14 Years and Under	4 kg
13 Years and Under	3 kg

Clause 14: HIGH JUMP

(a) Starting Heights

Open	1.60 metres
16 Years and Under	1.60 metres
15 Years and Under	1.50 metres
14 Years and Under	1.45 metres
13 Years and Under	1.35 metres

(b) Bar Raising: Two initial increments of 5 cm are each with subsequent increments of 3 cm's each.

(c) A maximum of one (1) minute shall be allowed for each jump from the time a competitor is called, except when a competitor has consecutive jumps, he shall receive two (2) minutes to perform a jump.

Clause 15: DISCUS

Discus shall be supplied by the college running the event or the Brisbane Athletics Officials Club provided they meet the recommended standard in weight.

Open and 16 Years and Under	=	1.5 kg
15, 14 & 13 Years and Under	=	1 kg

Clause 16: JAVELIN

Javelins shall be supplied by the college running the event or the Brisbane Athletics Officials Club provided they meet the recommended standard in weight.

Open, 16 – 14 Years and Under	=	700 gm
13 Years and Under	=	600 gm

Clause 17: HURDLES

The following heights and distances will be used in AIC competition.

Open:	Distance	110 metres
	Number and height of hurdles	10 x 91.4 cm
	Distance to first hurdle	13.72 metres
	Distance between	9.14 metres
	From last hurdle to finish	14.02 metres

16 Years and Under:	Distance	110 metres
	Number and height of hurdles	10 x 91.4 cm
	Distance to first hurdle	13.72 metres

Distance between	9.14 metres
From last hurdle to finish	14.02 metres

15 Years and Under: Distance	100 metres
Number and height of hurdles	10 x 84 cm
Distance to first hurdle	13 metres
Distance between	8.5 metres
From last hurdle to finish	10.5 metres

14 Years and Under: Distance	100 metres
Number and height of hurdles	10 x 84 cm
Distance to first hurdle	13 metres
Distance between	8.5 metres
From last hurdle to finish	10.5 metres

13 Years and Under: Distance	90 metres
Number and height of hurdles	9 x 76.2cm
Distance to first hurdle	13 metres
Distance between	8 metres
From last hurdle to finish	13 metres

Clause 18: LEAD UP CARNIVALS

(a) Allocation of Duties

The allocation of host college duties and all events, shall be determined by the Heads of Sport prior to the first lead up carnival. The allocation of host duties shall be evenly shared amongst all schools with the possible exception being for the host college and recording college for track and field of that competition year.

(b) Host College Duties

The host college of each lead up carnival must provide the following:

Officials: hurdles, announcer, starter, check starter, track coordinator (lap counter, 800m changeover) and markers for relay marshalling

Recording: provision of recording sheets, folders, pens, programs, collation of all results to submit to the paper.

Hospitality: refreshments for officials during the carnivals and drinks at the conclusion of carnival (sandwiches, snacks during the carnival would be optional).

(c) Lane Draw

The college hosting the first lead up carnival shall allocate the lane draw for that carnival and the lane draw shall rotate two places for every carnival after that. It is the responsibility of the host college to send out the lane draw and program in the week prior to the carnival.

(d) Duties of Competing Schools

Colleges in charge of events shall provide all necessary equipment to effectively run the event. The college running the javelin must provide a safety officer to help ensure that the area is clear when throwing occurs. Schools are to arrive early and collect recording sheets from announcing area and return result sheets at the conclusion of each event.

Clause 19: MEDICAL

Qualified medical personnel shall be in attendance for the AIC Championships.

Clause 20: PROTESTS AND DISPUTES

Refer to General Association Rule 13 (d)

Protests and disputes relating to infringements of rules as set out by the governing bodies of Track and Field shall be made to the Convenor of the respective Carnival who shall call upon the official referee to adjudicate. Endorsement of protest by the College's Headmaster is not required on these occasions.