AIC RUGBY BY LAWS 2014

Clause 1: GRADES

(a) The minimum number of grades catered for shall be:

<table>
<thead>
<tr>
<th>Grade</th>
<th>1st XV</th>
<th>2nd XV</th>
<th>3rd XV</th>
</tr>
</thead>
<tbody>
<tr>
<td>16A</td>
<td>16B</td>
<td>15A</td>
<td>15B</td>
</tr>
<tr>
<td>14A</td>
<td>14B</td>
<td>13A</td>
<td>13B</td>
</tr>
</tbody>
</table>

(b) Colleges with extra teams may take the opportunity to fill vacancies left by the Colleges in lower grade competitions. These teams will be eligible for all competition points however only the highest placed team from that particular College should be used for aggregate points.

(c) Teams that are not entered into an AIC competition shall be entered into the supplementary competition.

Clause 2: ARU & QRU GUIDELINES

The guidelines of competition set by the governing bodies, ARU and QRU shall be referred to in AIC competition, along with any variations ie U19 Law Variations. (And also in accordance with the IRB rules)

Clause 3: NUMBER OF PLAYERS

(a) Refer to Australian U19 Law Variations 2012 (Law 3 Number of Players)

“Unless an exemption has been sought from and approved by the ARU, all games of age group U14 and below will play with the rolling substitutions that are unlimited in number, and all games of age group U15 and above will play with rolling substitutions that are limited to 12 movements. The implementation of rolling substitutions must adhere to the guidelines provided to all unions of the ARU”.

(b) Within each grade or age group, the higher team shall be nominated by each school before the lower team. ‘A’ players are not to play in lower grade fixtures. Lower grade teams are to act as replacements/substitutions for the next higher team.

(c) All teams, with the exception of 1st XV and ‘A’ teams, may have fresh reserves with a maximum of 23 players per team.

(d) A player is allowed to play in one age group ONLY on any given fixture day, unless acting as a reserve for the 1st XV eg A 13A player is NOT ALLOWED to play in the 14A game. {Please also adhere to Rugby By Laws Clause 3 (b); Rugby By Laws Clause 9 90min Rule and General Association Rules Clause 3 (a) Selection of Teams}

Clause 4: AGGREGATE POINTS

(a) All teams except for the 13C, 14C and 15C teams shall count towards aggregate points.
Clause 5: MATCH TIMES
Match times and ovals are at the discretion of each College.
The following is a recommended game day schedule and is subject to oval availability:

<table>
<thead>
<tr>
<th>TIME</th>
<th>MAIN OVAL</th>
<th>OVAL 2</th>
<th>OVAL 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00am</td>
<td>13C</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10.00am</td>
<td>13B</td>
<td>14C</td>
<td></td>
</tr>
<tr>
<td>11.00am</td>
<td>13A</td>
<td>14B</td>
<td>15C</td>
</tr>
<tr>
<td>12.00pm</td>
<td>14A</td>
<td>15B</td>
<td>3rd XV</td>
</tr>
<tr>
<td>1.00pm</td>
<td>15A</td>
<td>16B</td>
<td></td>
</tr>
<tr>
<td>2.00pm</td>
<td>2nd XV</td>
<td></td>
<td>16A</td>
</tr>
<tr>
<td>3.15pm</td>
<td>1st XV</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

This schedule may vary depending on the draw, by mutual agreement by opposing schools.

This format allows for ‘C’ or 3rd XV players to act as reserves for the ‘B’ or 2nd XV team and for ‘B’ or 2nd XV players to act as reserves for the ‘A’ or 1st XV team.

Variations to the above times may be decided by mutual agreement, however it is the responsibility of the "Home" College to advise official referees in any matches to be controlled by Queensland Rugby Referees Association [Brisbane] (QRRA) officials.
The "Home" team runs on first and the visiting team runs on immediately after.

Clause 6: MATCH VENUES
All competition games shall be played at the College grounds or ovals as organised by the first mentioned College.

(b) Match venues are to conform to the minimum requirements as set down in the QRU / QRFSU Competition rules.

(c) Sufficient provision shall be made in all grades to keep spectators at a safe distance from the touchline or outside enclosed grounds.

(d) Goal post pads shall be provided on each field for all games.

(e) Spectators are not permitted on the playing arena at half-time or at the completion of games.

Clause 7: FORMAT OF MATCHES
(a) There shall be two periods of play of the following duration:
1st XV = 35 minutes
2nd XV & 16A = 30 minutes
All other games = 25 minutes

(b) Regardless of how much time is left in a particular match, the match following must commence at the prescribed time. The referee of the match following may blow his/her whistle to notify both teams of his/her intention to commence the match and also subtly notify the referee of the match in question that real time, not match time has elapsed.

There shall be a half time interval of five (5) minutes in all games.
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(c) Time off for injury shall only be applied in 1st XV games.

**Clause 8: COMPETITION POINTS**

(a) The following points shall be allocated for all competition games:

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Win</td>
<td>2</td>
</tr>
<tr>
<td>Draw or Washout</td>
<td>1 point</td>
</tr>
<tr>
<td>Bye</td>
<td>0</td>
</tr>
</tbody>
</table>

**Clause 9: 90 MINUTE LIMIT FOR 19 YEARS AND UNDER PLAYERS**

Refer to Law 5 ARU U19 Laws

“The maximum playing time is to be 90 minutes in any one day, no matter what the games are called (trial, knockout, carnival or tournaments).

- This is designed to prevent players from engaging in multiple games on one day during carnivals and championships, and is not intended to cover replacements.
- Players wishing to stand by for another team as a replacement may do so as long as a proper duty of care is exercised in relation to position played, environmental conditions, age group played and common sense is exercised in regard to playing time in any one day.
- The number of games in the day is not an issue; the playing time is the issue. It is expected that due care is taken by coaches with regards to replacement of players and that the time issue is always the overriding consideration.

**Clause 10: TWO YEAR WINDOW FOR RUGBY**

(a) The ARU advises that the following guidelines should be adopted for implementation processes. Dispensation will only be granted at 19 Years and Under (and below) if the following steps are followed:

- The skill level and physical development of the player is such that it is commensurate with the level to be played.
- The playing experience of the player must be taken into account prior to permission being granted.
- The playing environment, including the standard of the opposition must be taken into account prior to permission being granted.
- The parents/guardians must ‘sign off’ that their child is playing outside the ‘two year window’ having had it explained to them that the game has inherent risks.
- The coach must ‘sign off’ that the player has received adequate training in the position he is playing for the standard of competition to be played.
- The player must be advised by the coach that the playing outside the ‘two year window’ inherent risk is accepted.

In essence, a 15 Years and Under player must be of exceptional quality to even be considered for 1st XV selection. If a 15 Years and Under player has been selected in the 1st XV for a particular fixture and the opposition has an 18 Years and Under player, due consideration must be given to whether the 15 Years and Under player actually plays the game or not.
All 16 Years and Under players who intend trialling or playing Open Rugby are to complete the 2 Year Window Exemption Form prior to playing. The 2 Year Window Forms can be obtained from the Qld Rugby website.

**Clause 11:  SMARTRUGBY**

(a) SmartRugby is a national program designed by the ARU to ensure participation in the game of Rugby in Australia is an enjoyable experience.

(b) The SmartRugby program prescribes mandatory compliance with a minimum level of procedures, and will raise the bar for groups that are not fully conversant with the current standards.

(c) All schools are required to review their coaching, and safety practices, and make a commitment to the program.

(d) Every school is to nominate an influential member, who possesses considerable commonsense and a sound background in the game of rugby, to be their SmartRugby Coordinator.

- The SmartRugby Coordinator is responsible for:
  - Ensuring the basis technical program is delivered to all 15-a-side players.
  - Ensuring the prescribed practice time is devoted to contact situations.
  - Ensuring the ARU safety guidelines are complied with at all times.
  - SmartRugby is a pro-active program that was implemented after the ARU conducted an in-depth review of major rugby injuries over the last decade. The program will occur annually, prior to each competition season, with compliance certificates sent to schools who have coaches all 15-a-side players in the SmartRugby program.

**Clause 12:  SERIOUS INJURY PROTOCOL**

(a) In the event of a suspected spinal injury, colleges should refer to the safety directives set out by the ARU. Also refer to AIC Rugby Appendix (Game day procedures).

**Clause 13:  SAFETY DIRECTIVES**

(a) ARU Safety Directives for Players, Coaches and Referees are to be prominently located in both teams change rooms and the first aid room.

(b) It is strongly recommended that safety directives be located on the sideline of playing fields.

**Clause 14:  CONCUSSION**

(a) Concussed or unconscious players are to be assessed by a medical practitioner either at the field or at a local medical centre or hospital.
(b) “A player who has suffered definite concussion should not participate in any match or training session for a period of at least three weeks from the time of injury, and then on subject to being cleared by a proper neurological examination”.

Clause 15: SELECTION OF TEAMS

(a) Colleges shall select all higher-grade teams before selecting lower grade teams, whether or not the higher grades compete on a particular day.

(b) This Clause is included to ensure higher team players do not play against less experienced or less physically capable players. The risk of injury occurring at this level significantly increases as the standard diminishes.

Clause 16: EQUIPMENT

(a) In every game, teams shall each provide a minimum of one match ball, which conforms to the laws of the game.

(b) For 1st XV matches a minimum of three match balls must be in use. The minimum requirement for AIC 1st XV matches is an ARU approved 4 ply ball, size 5 football.

Clause 17: REFEREES

(a) General. All AIC competition games must be refereed by persons who hold a minimum Level 1 qualification from a recognised Referees' Association, unless neither College is able to provide such qualified persons. Provision of referees shall be the responsibility of the home College which may invite the other College it is playing to provide referees for some games.

(b) QRRA [Brisbane] QRRA Officials shall be asked to control all 1st XV, 2nd XV, 16A, 15A, 14A and 13A matches. Colleges may approach the QRRA for additional refereeing requirements if they so desire.

(c) Student Referees. No pupil, unless he is suitably qualified, and unless no person according to Clause 9 (a) above is available, shall be appointed to referee a competition game.

(d) Coach Referees. In no game shall the coach of either team be the referee unless mutually agreed by the rugby coordinators or sports masters and in accordance with Clause 9 (a).

(e) Referees Not Turning Up. Where the appointed referee does not turn up within 15 minutes of the agreed starting time of the game (including Q.R.R.A. referees), or where Q.R.R.A. referees are unavailable, a mutually agreed by the rugby coordinators or Heads of Sport, qualified referee, in accordance with Clause 11(a) will be appointed to the match.

Clause 18: ASSISTANT REFEREES

(a) Assistant Referee. Q.R.R.A. officials may be appointed to act as linesmen for First XV matches. For every other grade, each school shall supply one linesman who shall be correctly dressed and carry at least one flag. College or other unqualified linesmen shall only officiate on ball in and out of play situations and goal kicks.

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(b) **Ballboys.** Each school shall provide at least two correctly dressed ball boy for the First XV game.

**Clause 19: WEATHER**

(a) If weather causes fields to become dangerous or unplayable, a decision is to be made on the morning of play by the Head of Sport of the home College, with each College taking the responsibility for notifying their own players.

(b) The home College has the responsibility of informing the QRRA (as per weekly appointment sheet).

**Clause 20: MISCONDUCT**

Refer to General Association Rules Clause 4 “Match Suspension”.

All send offs are to be sent to the AIC Executive Officer with results from the weekend matches.

**Clause 21: MEDICAL**

Adequate sports medicine staff, first aid facilities and access to ice are to be available at all grounds in accordance with the QRU / QRFSU Conveners Handbook. There should also be easy access to a doctor or medical facility.

**Clause 22: HOSPITALITY**

Afternoon tea is to be provided for 1st XV players and coaches from each College after the match. The format is to include a speech by the home Principal or Head of Sport and each team Captain.