

# Track and Field Coaches 2016

|                | <b>Senior (7-12)</b>                                      | <b>Training<br/>AM - 7.00-8.00am<br/>PM - 3.30-4.30pm</b> | <b>Junior (5-6)</b>                                   | <b>Training<br/>AM - 7.00-8.00am<br/>PM - 3.30-4.30pm</b> |
|----------------|---|---|---|---|
| Coordinator    | Cerene Hughes   |   | Michael Out   |   |
| Sprints/Relays | Chris Humphries<br>Bree Ford-McKillop<br>Mitchell Heskett | Mon/Wed PM Assisi Oval                                    | Makaela Tragoudistakis<br>Solon Avraam<br>Michael Out | Mon/Thurs PM Greccio Oval                                 |
| Hurdles        | Mitchell Heskett  | Mon/Tues/Wed PM Assisi Oval                               | Mitchell Heskett                                      | Mon/Wed PM Assisi Oval                                    |
| Distance       | Cerene Hughes   | Mon/Wed/Fri AM Assisi Oval                                | Cerene Hughes   | Mon/Wed/Fri AM Assisi Oval                                |
| Long Jump      | Brandon Henderson   | Mon/Wed PM Assisi Oval                                    | Brandon Henderson                                     | Mon/Wed PM Assisi Oval                                    |
| Triple Jump    | Brandon Henderson   | Mon/Wed PM  | NA  |   |
| High Jump      | Noel McBride  | Mon/Thurs PM Assisi Oval                                  | Noel McBride  | Mon/Thurs PM Assisi Oval                                  |
| Shot Put       | Adam Bevis  | Tues/Thurs AM Assisi Oval                                 | Alexandra Lloyd                                       | Mon/Thurs AM Greccio Oval                                 |
| Discus         | Adam Bevis  | Tues/Thurs AM Assisi Oval                                 | NA  |   |
| Javelin        | Jordan Seibenhausen                                       | Mon PM /Wed AM Assisi Oval                                | NA  |   |

Fri Sep 9 @ QSAC (Pad and SPC)  
Thurs Oct 6 @ UQ (Ash and SPLC)

Thurs Oct 13 @ QSAC (Iona and Villa)

Fri Oct 21 @ UQ (SLC and SEC)

AIC CHAMPS      25th and 26th October QSAC