

AIC TRACK AND FIELD BY LAWS 2016

Clause 1: TIMING OF CHAMPIONSHIPS

The Association shall conduct its Championships in the month of October, on a date/s decided by the Heads of Colleges.

Clause 2: DIVISIONS

Events will be run in the following divisions:

Open
16 Years
15 Years
14 Years
13 Years
12 Years
Year 6
Year 5

Clause 3: COMPETITOR RESTRICTIONS

- a) A competitor may compete in his own age group or **one** other higher age group, provided he remains in one age group for the entire carnival. This rule does not apply to the 3000 metres event in which a College may enter any eligible competitor (please refer also to Clause 3 (b)).
- b) Any competitor from 12 Years and above only is eligible to compete in Open event.
- c) Competitors who compete in the Open 6 x 400m Relay are not eligible to compete in an individual 400m race

Clause 4: AGGREGATE TROPHIES

The following trophies and presentations will be made at the Championships:

Year 5	Champion Track and Field School
Year 6	Champion Track and Field School
12 Years	Champion Track and Field School
13 Years	Champion Track and Field School
14 Years	Champion Track and Field School
15 Years	Champion Track and Field School
16 Years	Champion Track and Field School
Open	Champion Track and Field School

AIC Aggregate Trophy – Champion School Years 5-6
AIC Aggregate Trophy – Champion School 12 Years - Open

Clause 5: PLACES AND POINTS FOR 12 YEARS - OPEN EVENTS

The following points shall apply to 12 Years to Open events only unless disqualified (refer to Clause 5 (d)):

Individual Events (12 Years - Open):

Div/Place	1st	2nd	3rd	4th	5th	6th	7th	8th
1	9	7	6	5	4	3	2	1
2	4.5	3.5	3	2.5	2	1.5	1	0.5
3	4.5	3.5	3	2.5	2	1.5	1	0.5
4	4.5	3.5	3	2.5	2	1.5	1	0.5

Relay Events (12 Years - Open):

Div/Place	1st	2nd	3rd	4th	5th	6th	7th	8th
1	18	14	12	10	8	6	4	2

a) A competitor must record a distance/time/height in an event to receive points for that event.

b) The All Age 6 x 400m event shall be allocated points as a 'stand alone' event ie the points shall be added to the overall aggregate winner of the event NOT added to an age group calculation

c) The Open 3000m event shall be allocated points the Open age group calculation to the winning school.

d) Points for individual and relay events shall apply as listed except for a disqualification. If a disqualification is awarded in either an individual event or a relay zero points will be allocated.

Clause 6: PLACES AND POINTS FOR YEARS 5 AND 6 EVENTS

The following points shall apply to Years 5 and 6 events only unless disqualified {refer to Clause 5 (d)}:

Individual Events (Years 5 & 6):

Div/Place	1st	2nd	3rd	4th	5th	6th	7th	8th
1	15	12	10	9	8	7	6	5
2	12	10	9	8	7	6	5	4
3	10	9	8	7	6	5	4	3
4	9	8	7	6	5	4	3	2
5	8	7	6	5	4	3	2	1
6	7	6	5	4	3	2	1	1
7	6	5	4	3	2	1	1	1
8	5	4	3	2	1	1	1	1

Relay Events (Years 5 & 6):

Div/Place	1st	2nd	3rd	4th	5th	6th	7th	8th
1	30	24	20	18	16	14	12	10
2	24	20	18	16	14	12	10	8

Clause 7: DEAD HEATS AND RECORDS

(a) In the event of a dead heat, competitors shall the divide the points.

(b) If two (2) or more competitors are credited with the same performance in any event, and that performance is a record, then both or all such competitors shall be declared the record holders.

Clause 8: ORDER OF EVENTS

SCHEDULE OF EVENTS – Tuesday October 25 2016

TRACK PROGRAM

TIME	EVENT	AGE GROUP	DIVISION
2:30pm	60m Hurdles	Year 5	1 - 4
	60m Hurdles	Year 6	1 - 4
	90m Hurdles	12 Years	1
	90m Hurdles	13 Years	1
	100m Hurdles	14 Years	1
	100m Hurdles	15 Years	1
	110m Hurdles	16 Years	1
	110m Hurdles	Open	1
3:15pm	800m	Year 5	1 - 4
	800m	Year 6	1 - 4
4.00pm	1500m	12 Years	1 & 2
	1500m	13 Years	1 & 2
	1500m	14 Years	1 & 2
	1500m	15 Years	1 & 2
	1500m	16 Years	1 & 2
	1500m	Open	1 & 2

FIELD PROGRAM

TIME	EVENT	AGE GROUP	DIVISION
2:00pm	High Jump	Year 5	1 & 2
	Long Jump	12 Years	1 & 2
	Javelin	13 Years	1 & 2
	High Jump	14 Years	1
	Shot Put	15 Years	1 & 2
	Discus	16 Years	1 & 2
	Triple Jump	Open	1 & 2
	3:00pm	High Jump	Year 6
High Jump		12 Years	1
Triple Jump		13 Years	1 & 2
Discus		14 Years	1 & 2
Javelin		15 Years	1 & 2
Long Jump		16 Years	1 & 2
Shot Put		Open	1 & 2
4:00pm	Shot Put	13 Years	1 & 2
	Long Jump	14 Years	1 & 2

High Jump	15 Years	1
Long Jump	Year 5	1 & 2

SCHEDULE OF EVENTS – Wednesday October 26 2016

TRACK PROGRAM

TIME	EVENT	AGE GROUP	DIVISION
8.45am	3000m	Open	1
9.05am	200m	Year 5	1 – 8
	200m	Year 6	1 – 8
	200m	12 Years	1
	200m	13 Years	1
	200m	14 Years	1
	200m	15 Years	1
	200m	16 Years	1
	200m	Open	1
9.50am	800m	12 Years	1 & 2
	800m	13 Years	1 & 2
	800m	14 Years	1 & 2
	800m	15 Years	1 & 2
	800m	16 Years	1 & 2
	800m	Open	1 & 2
10.35am	100m	Year 5	1 - 8
	100m	Year 6	1 - 8
	100m	12 Years	1 - 4
	100m	13 Years	1 - 4
	100m	14 Years	1 - 4
	100m	15 Years	1 - 4
	100m	16 Years	1 - 4
	100m	Open	1 - 4
12.00pm	400m	12 Years	1
	400m	13 Years	1
	400m	14 Years	1
	400m	15 Years	1
	400m	16 Years	1
	400m	Open	1
12.20pm	6 x 400m Relay	All Age	1
12.30pm	4 x 100m Relay	Year 5	1 & 2
	4 x 100m Relay	Year 6	1 & 2
	4 x 100m Relay	12 Years	1
	4 x 100m Relay	13 Years	1
	4 x 100m Relay	14 Years	1
	4 x 100m Relay	15 Years	1
	4 x 100m Relay	16 Years	1
	4 x 100m Relay	Open	1

1.30pm

PRESENTATION OF TROPHIES AND PENNANTS

SCHEDULE OF EVENTS – Wednesday October 26 2016

FIELD PROGRAM

TIME	EVENT	AGE GROUP	DIVISION
9:00am	<i>Javelin</i>	12 Years	1 & 2
	<i>Long Jump</i>	13 Years	1 & 2
	<i>Triple Jump</i>	14 Years	1 & 2
	<i>Shot Put</i>	16 Years	1 & 2
	<i>Discus</i>	Open	1 & 2
10:00am	<i>Shot Put</i>	Year 6	1 & 2
	<i>Triple Jump</i>	12 Years	1 & 2
	<i>Javelin</i>	14 Years	1 & 2
	<i>Discus</i>	15 Years	1 & 2
	<i>High Jump</i>	16 Years	1
	<i>Long Jump</i>	Open	1 & 2
11:00am	<i>Shot Put</i>	Year 5	1 & 2
	<i>Long Jump</i>	Year 6	1 & 2
	<i>Shot Put</i>	12 Years	1 & 2
	<i>Discus</i>	13 Years	1 & 2
	<i>Triple Jump</i>	15 Years	1 & 2
	<i>Javelin</i>	16 Years	1 & 2
	<i>High Jump</i>	Open	1
12:00pm	<i>Discus</i>	12 Years	1 & 2
	<i>High Jump</i>	13 Years	1
	<i>Shot Put</i>	14 Years	1 & 2
	<i>Long Jump</i>	15 Years	1 & 2
	<i>Triple Jump</i>	16 Years	1 & 2
	<i>Javelin</i>	Open	1 & 2

1.30pm

PRESENTATION OF TROPHIES AND PENNANTS

Clause 9: OFFICIALS

The Association shall control the Championships, and the Brisbane Athletics Officials Club (affiliated with Queensland Athletics) shall be asked to provide as many officials as are deemed necessary.

Clause 10: UNIFORM

Competitors dress should be in the colours of their approved college attire.

Clause 11: LANES

A random lane draw shall be drawn for each event. This is to be conducted by the recording college in accordance to the electronic program being used to calculate the meet.

Clause 12: PARTICIPATION

- (a) The format of running events shall be as follows:
One round of Division 2 competitors shall compete immediately followed by the first round of Division 1 competitors. Then the second round of Division 2 competitors shall compete followed by the second of Division 1 competitors and so on (Field events only). For track events, the lowest division shall be run first followed by the next graded race e.g. Division 8 to Division 1 etc.
- (b) Where a competitor is involved in a field event and a track event at the same time, the track event takes precedence over the field event. The competitor must notify the relevant official in charge of that field event. If a High Jumper is involved in a track event at the same time as his High Jump he competes in his track event then returns to the High Jump competition at the current height being competed at.

Clause 13: BARRACKING

The use of mechanical instruments, and non-electric megaphones, is prohibited.

Clause 14: HORIZONTAL JUMPS AND THROWS

All competitors in the long jump, triple jump, shot put, discus and javelin shall be allowed three attempts with the winner being allowed one additional attempt.

Clause 15: TRIPLE JUMP

- a) The Triple Jump shall consist of a hop, a step and a jump in that order.
- b) All competitors, according to their ability, shall choose their own board measurement to jump from. That being either the 7m, 9m, 11m or 13m boards.

Clause 16: SHOT PUT

Shots for Shot Put events shall be of brass and steel. Shots shall be supplied by the college and/or the Brisbane Athletics Officials Club provided they meet the recommended standard in weight.

Open	5 kg
16 Years and Under	5 kg
15 Years and Under	4 kg
14 Years and Under	4 kg
13 Years and Under	3 kg
12 Years and Under	3 kg
Year 6	2 kg
Year 5	2 kg

Clause 17: HIGH JUMP

- (a) Starting Heights
 - Open 1.60 metres
 - 16 Years and Under 1.60 metres
 - 15 Years and Under 1.50 metres
 - 14 Years and Under 1.45 metres
 - 13 Years and Under 1.35 metres
 - 12 Years and Under 1.20 metres
 - Year 6 1.15 metres
 - Year 5 1.10 metres

- (b) Bar Raising: Two initial increments of 5 cm, with subsequent increments of 3 cm.

(c) A maximum of one (1) minute shall be allowed for each jump from the time a competitor is called, except when a competitor has consecutive jumps, he shall receive two (2) minutes to perform a jump.

Clause 18: DISCUS

Discus shall be supplied by the college running the event and/or the Brisbane Athletics Officials Club provided they meet the recommended standard in weight.

Open and 16 Years and Under	=	1.5 kg
15, 14 & 13 Years and Under	=	1 kg
12 Years and Under	=	750gm

Clause 19: JAVELIN

Javelins shall be supplied by the college running the event and/or the Brisbane Athletics Officials Club provided they meet the recommended standard in weight.

Open, 16 – 14 Years and Under	=	700 gm
12 & 13 Years and Under	=	600 gm

Clause 20: HURDLES

The following heights and distances will be used in AIC competition.

Open:	Distance	110 metres
	Number and height of hurdles	10 x 91.4 cm
	Distance to first hurdle	13.72 metres
	Distance between	9.14 metres
	From last hurdle to finish	14.02 metres
16 Years and Under:	Distance	110 metres
	Number and height of hurdles	10 x 91.4 cm
	Distance to first hurdle	13.72 metres
	Distance between	9.14 metres
	From last hurdle to finish	14.02 metres
15 Years and Under:	Distance	100 metres
	Number and height of hurdles	10 x 84 cm
	Distance to first hurdle	13 metres
	Distance between	8.5 metres
	From last hurdle to finish	10.5 metres
14 Years and Under:	Distance	100 metres
	Number and height of hurdles	10 x 84 cm
	Distance to first hurdle	13 metres
	Distance between	8.5 metres
	From last hurdle to finish	10.5 metres
13 Years and Under:	Distance	90 metres
	Number and height of hurdles	9 x 76.2cm
	Distance to first hurdle	13 metres
	Distance between	8 metres
	From last hurdle to finish	13 metres
12 Years and Under:	Distance	90 metres
	Number and height of hurdles	9 x 76.2cm
	Distance to first hurdle	13 metres
	Distance between	8 metres
	From last hurdle to finish	13 metres

Year 6 & Year 5:	Distance	60 metres
	Number and height of hurdles	7 x 0.68m
	Distance to first hurdle	12 metres
	Distance between	7 metres
	From last hurdle to finish	13 metres

Clause 21: LEAD UP CARNIVALS

(a) Allocation of Duties

The allocation of host college duties and all events, shall be determined by the Heads of Sport prior to the first lead up carnival. The allocation of host duties shall be evenly shared amongst all schools with the possible exception being for the host college and recording college for track and field of that competition year.

(b) Host College Duties

The host college of each lead up carnival must provide the following:

Officials: hurdles, announcer, starter, check starter, track coordinator (lap counter, 800m changeover) and markers for relay marshalling

Recording: provision of recording sheets, folders, pens, programs, collation of all results to submit to the paper.

Hospitality: refreshments for officials during the carnivals and drinks at the conclusion of carnival (sandwiches, snacks during the carnival would be optional).

(c) Lane Draw

The college hosting the first lead up carnival shall allocate the lane draw for that carnival and the lane draw shall rotate two places for every carnival after that. It is the responsibility of the host college to send out the lane draw and program in the week prior to the carnival.

(d) Duties of Competing Schools

Colleges in charge of events shall provide all necessary equipment to effectively run the event. The college running the javelin must provide a safety officer to help ensure that the area is clear when throwing occurs. Schools are to arrive early and collect recording sheets from announcing area and return result sheets at the conclusion of each event.

Clause 22: MEDICAL

Qualified medical personnel shall be in attendance for the AIC Championships.

Clause 23: PROTESTS AND DISPUTES

Refer to General Association Rule 13 (d)

Protests and disputes relating to infringements of rules as set out by the governing bodies of Track and Field shall be made to the Convenor of the respective Carnival who shall call upon the official referee to adjudicate. Endorsement of protest by the College's Headmaster is not required on these occasions.